Finding your passion!
IT’S TIME TO Remember YOUR PASSION
The Importance of Being Strong

A lot of us talk about our jobs as a passion. “My passion is to be a senior landscape gardener!” “My passion is to be a nurse-practitioner!” But that is a mistake. Your passion isn’t a job, it’s who you are.

Your job is how you express it. Defining your passion as greater than a job means that you open up limitless possibility for yourself. You aren’t just tied to one specific job out of millions; the world is your oyster, and your passion will guide you to finding the career that makes the most sense for you. It takes the pressure off having to get things right, and you can focus more on what you love. Yay!

So, if your passion is to bring people more career happiness (for example), you might decide to express it by being a career coach. Or a guidance counselor. Or a human resources specialist.

You get to decide.

Start with being strong:

What makes you feel strong?

There’s a difference between your strengths and feeling strong. Strengths are things you are good at (organization, Powerpoint, analytical thinking). Feeling strong is the place where your strengths overlap with things you like doing.

We are good at organizing meetings, but we feel strong when we write + help people. So writing blog posts that give career advice is an area of feeling strong for us (us = Christie + the RevClub team + our extra personalities).

My strengths are...

But I feel strong when I...
Work values are soooo not ethics. Ethics are things like working hard. Work values, in this situation, are things that you NEED to be happy in your work life.

If you need a dark room and no talking - BAM, that’s a work value. If you need a window and the ability to see people - BAM, work value. If you need freedom to figure out your tasks without your manager telling you stuff - YES! Work value.

There is no judgment in Work Value Land; this is just a place for you to be honest about what you need to make yourself happy. (If you are unhappy at work, it’s probably because some of your values are out of alignment with those of your company.)

What are your 5 biggest work values and WHY?

1
2
3
4
5
Your vision is a positive and guiding force. It’s meant to be fun, sometimes vague, sometimes clear, and mostly just inspiring.

There is no right or wrong answer here, but I want you to take a moment and daydream. As you daydream, your mind will become a little more open to possibility, which means you’ll see more possibility. Possibility = awesome. So go crazy!

One year from now...

1. Who are you with?

2. What are you doing?

3. What is on your desk?

4. Do you even have a desk?

5. Where are you living?

6. How much money are you making?

7. What difference are you making in the world?

8. How do you feel in this moment? (Like you can climb mountains? :) )
Now, let's ask some important questions:

**Question 1:** What careers did you used to dream about as a child?

**Question 2:** What activities make you lose track of time today?

**Question 3:** What do people ask for your help with - or in?

**Question 4:** If you could teach anything, what would you teach?

**Question 5:** What are you great at? What comes easily to you?

**Question 6:** What tasks or activities give you energy?

**Question 7:** If money and training were no object, and you could do any job at all, what would you do?
Last, the most important question:

**What is my life purpose?**

(Defined as who you are and what you offer to the world).

Keep writing for 20 minutes, and see where it takes you.
Set a timer, pour a shot, and let’s go!
Take everything you’ve written above + a nice marker or Sharpie, and circle the themes and trends or anything that really stands out.

Trend 1:

Trend 2:

Extra Trend 3! (optional):

Write your purpose.

If you’ve got a trend around helping people and a trend around travel, put your hands together and see how those two meld to create your broader life purpose. Maybe it’s to help people see or experience the world? If you have a passion around design and beauty AND organization, maybe your life passion is to bring beauty and order to chaotic spaces. You get the idea. :)

My life purpose statement:
The rules of brainstorming are simple: all ideas are good. Yes, ALL ideas. Using your life purpose as a guide, start thinking about jobs. What are a few awesome careers that can be fueled by your life purpose statement?

Example purpose: Bring more people career happiness.

Careers:

1. Career coach
2. Career counselor
3. Guidance counselor
4. Author/writer/blogger
5. Recruiter
6. HR Specialist
7. Teacher
8. Work with prisoners on a work rehabilitation program
9. Alumni career services person/liaison
10. Dean of admissions at a university

See - all of these are related to the life purpose.

Now you go! Brainstorm away...and don’t forget to have a little bit of fun! (Tell your gremlins to shove it).

My Career Brainstorm:

1.
2.
3.
4.
5.
Finished? Great!

Now, go through this list and think about each job.

**Rank them by level of excitement from 1-10.** Numbers 1, 2, and 3 are where you are going to start.

BUT don’t let your gremlins start limiting you. Rank each job based on your **level of excitement**, not on if you can actually do it tomorrow, m’kay?

**Top 3 jobs are:**

1. 
2. 
3. 

**Okay, this is where you begin!**

And, right now, begin with a pat on the back.

You’ve earned it!